

# **The Use of Therapeutic Contact Lenses in the management of Recurrent Corneal Erosions (RCE)**

Authors: Stanila Adriana, Stanila D.M., Costache I.  
Faculty of Medicine, University "Lucian Blaga" Sibiu.  
Ophthalmology Department, Clinical Hospital, Sibiu.  
Ocular Surface Research Centre CCSO, Sibiu

**Aim of study:** The study intended to reveal the role of the therapeutic contact lenses (TCL) in the management of Recurrent Corneal Erosions (RCE) used as a bandage to protect the corneal skin cells, helping the cornea to heal and reducing the incidence of erosion episodes.

**Material, method:** We present 20 cases with recurrent corneal erosions where we applied therapeutic contact lenses.

**Results, discussions:** In most of the cases TCL promoted healing, reducing the frequency of applying artificial tears and lubricants, reducing the incidence of new episodes and not the last, improved vision and quality of life of our patients. Some of the patients used TCL for 3-4 months in order to give the cornea enough time to repair.

**Conclusions:** TCL provides good protective effects in corneal erosions, supporting the reepithelization effect, reducing the pain and permitting the binocular vision during the treatment period of time.