

# How can we protect the ocular surface in facial nerv palsy

#### STANILA A.(1), BOTEZAN A.(1), COSTACHE I.(2), STANILA D.M.(1)

(1) The Faculty of Medicine "Victor Papilian, SIBIU, ROMANIA; (2) Ocular Surface Research Center CCSO, SIBIU, ROMANIA

#### INTRODUCTION

- The facial nerve is a mixed nerve, consisting of motor, sensitive, sensory and autonomic (parasympathetic) fibers; the Wrisberg (VII') intermediate nerve is attached to, which is a sensitive nerve. It has the following functions: it provides taste sensitivity, mimic muscles innervation, sublingual and submaxillary salivary gland secretion, lacrimal gland secretion.(1)
- The complication of facial nerve palsy of various etiologies (Bell's palsy, vascular lesions, tumors, iatrogenic, trauma, infections, degenerative diseases) is lagophthalmos, defined as the inability to completely close the eyelids.

### LAGOPHTHALMOS

The inability to close the eyelids may lead to corneal problems such as exposure keratopathy with epithelial defects, uceration, stromal thinning, bacterial infection, perforation, leucoma.

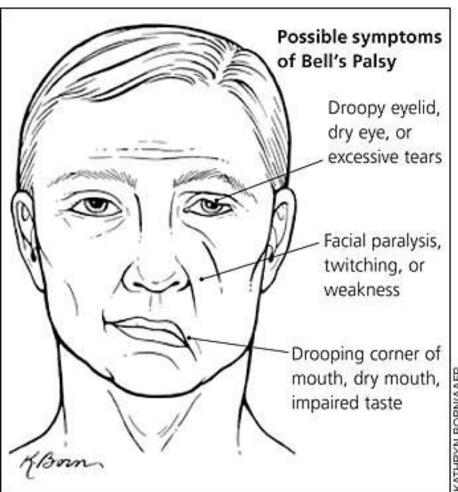
- The first choice in treating lagophthalmos is conservative and symptomatic (eye drops, ointments, taping and moisture chambers), but surgical intervention may be required for patients where medical therapy has failed or the facial palsy has no perspective of functional recovery.
- The therapeutic contact lenses are ineficient, the pacients loose frecvently the CL.

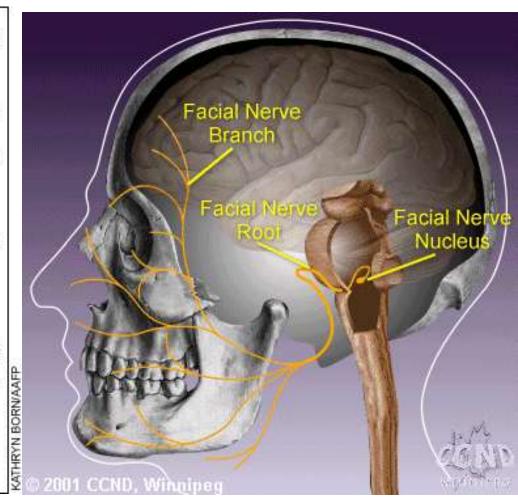
#### LAGOPHTHALMOS

#### The weight implantation

- Is the most commonly used technique for rehabilitation of the eye in patients with facial nerve palsy
- It has been shown to effectively reduce lagophthalmos, protect the cornea and improve cosmetics.
- The presence of weights seems to contribute to the mimics and blinking of the eyelids which provides a better aesthetic appearance.

The aim of the study is to reveal the options in the management of the exposure keratopathy.





#### MATERIAL AND METHOD

- In our study there were 46 patients with facial nerve palsy:
  - medical treatment 10,
  - surgery 36
    - canthoraphy (blefaroraphy) 12
    - implant of a weight in or on the upper lid with or without Ectropion correction – 24

#### MATERIAL AND METHOD

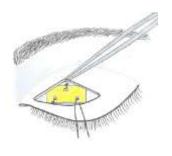
- Lid surgery options:
- Static techniques acting on the dimensions of the palpebral aperture (medial cantoplasty and incomplete lateral tarsoraphy, internal eyelid weights, external eyelid weights)
- Dynamic techniques, trying to improve the mobility and palpebral closure. (corsage with silicone tape, orthodontic arch, transfer of tendon from temporal muscle)

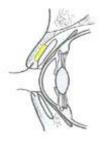
#### MATERIAL AND METHOD

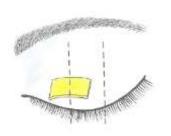
- If recovery was anticipated, the medical treatment involved frequent instillation of lubricants during the day and ointment at night, fitting of therapeutic contact lenses.
- If permanent, lid surgery was usually required (5).
- Our most cases were solved using weight implant in the upper lid with/without the correction of the ectropion.
- A supplementary palpebral weight determines a good lid occlusion and corneal protection (3).



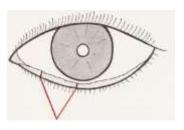
Weight (gold) implant

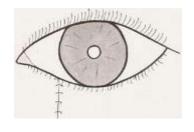




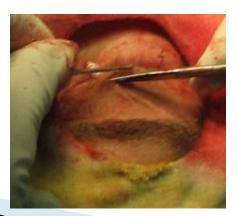


Positioning the weight implant in the upper lid





Correction of the ectropion





- The weight implant in the upper lid +/- the correction of the ectropion in the management of the lagophthalmos in facial palsy the best choice in the management of exposure keratopaty.
- Next, we present some suggestive cases solved using this method.

## Patient S.A., 72 years old - left facial nerve palsy LE- lagophthalmos/ exposure kerathopathy



PREOP:: when the eyes are closed, the cornea of the left eye emains partial exposed



LE: weight implant in the upper lid. 9 days POSTOP, the patient has a good lid occlusion, the cornea is clear, with complete epithelization and an aesthetic aspect.





Patient L.E., 47 years old - LE - corneal leukoma in the context of exposure kerathopathy, treated 7 years ago with an unefficient tarsoraphy (Acustic Neurinoma).

PREOP: when the eyes are closed, the cornea of the left eye remains partial exposed





LE: weight implant in the upper lid.

Four months POSTOR, the patient has a normal lid occlusion.



Patient A.M., 58 years old - RE - facial nerve palsy





PREOP.: RE - the upper lid fails to drop down and close, the lower lid loses tone and sags downward, leading to ectropion, exposure kerathopathy.



POSTOP, sormal lid occlusion. E: weight implant in the



Pacient C.N., 48 years old - RE - facial nerve palsy



PREOP.: RE - lagophtalmos



RE: weight implant in the upper lid.

1 week POSTOP, the patient has a normal lid occlusion.





Pacient G.V., 56 years old - LE - facial nerve palsy



PREOP.: LE - incomplete occlusion



RE: weight implant in the upper lid.

1 week POSTOP, normal lid occlusion.





Pacient B.N., 49 years old - LE - facial nerve palsy





LE: weight implication the upper lid + ectropion correction.

- Concerning the surgical technique, for best results, it is very important to fixate the weight pretarsal in the upper lid, after the dissection of the palpebral muscles;
- The weight can be made of gold or other materials (platinum);
- The weight has to be very precise calculated in order to obtain the optimal occlusion.



- Surgical treatment is reserved in severe exposure kerathopathy without functional recover perspectives.
- Tarsorraphy is unaesthetic and reduces peripheric visual field (especially in monophtalmos), sometimes ineficient, so we consider it shouldn`t be practiced anymore.
- At all the patients with exposure kerathopathy of neuroparalytic etiology the functional and aesthetic results were excellent after gold weight implant in the upper lid associated or not with ectropion correction.

#### **BIBLIOGRAPHY**

- 1. Collins J.F., Augustin A. J. Augenheilkunde, Springer Verlag, Berlin, 1997, 281;
- 2. Kanski J.J. Clinical Ophthalmology, 5-th Edition, 2003, 405;
- 3. Cunningham S.J., Teller D.C. Facial Nerve Paralysis: Management of the Eye, Univ. of Texas Medical Branch, Grand Rounds Presentation, 2006
- 4. Posibilitati curative in lagoftalmia prin paralizia de nerv facial, Autori: Adriana Stanila, Dorina Popa, Anamaria Saceleanu, Elena Mihai, Oftalmologia nr. 1/2004 pg. 101 105
- 5. Hontanilla Bernardo, Pamplona Spain, Departamendo de Cirurgia Plastica y Reparadora, Universidad Navarra, sept 5, 200
- 6. Http://www.texaseyeplastics.com/facial\_nerve\_palsy.htm, Facial Nerve Palsy, Bells palsy, dry eye

# Thank you!

